



ANU HOSPITALS

YOUR HEALTH IS IN OUR SAFE HANDS



Expertise

in Multi Super Speciality



OUR MISSION

To provide the finest standards in holistic health care and medicare for a wide section of society, showing respect for our patients in whatever we do.

OUR VISION

To provide world class quick and safest services to critically ill patients





Your Health is in our safe hands



Dr. Ramesh
DNB, MRCS(UK)
Managing Director

Dear Doctor,

Anu Hospitals is a multi – Super speciality Hospitals run by Dr. G Ramesh DNB, MRCS(UK), under Sri Anu Hospitals Private Limited is one of the renewed Multi Super Speciality Hospitals in Vijayawada.

Anu Multi Super Speciality Hospitals was founded in 2012 with the aim “to bring healthcare within the reach of every individual.” To achieve this, Anu Multi Super Speciality Hospitals run a network of with over 2 Hospitals, As a part of the Anu group’s objective to expand its operations, a number of ORC’s are planned across Andhrapradesh.

ANU Hospitals is committed to provide consistently superior quality health care services to address the day-to-day health care needs of the family. To maximize convenience and comfort, Anu Hospitals is an integrated model and offers facilities for Specialist Consultation, Diagnostics, Preventive Health Checks and 24-hour Pharmacy, all under one roof. The Hospital also pioneers in a range of value added services such as counseling on various lifestyle parameters. Anu Hospitals is your new neighborhood Hospital.

Not only is it complete healthcare under one roof, ANU HOSPITALS also plays a role in empowering public with adequate knowledge regarding their health. ANU HOSPITALS organizes camps and talks in order to achieve this.



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Consultations

ANU HOSPITALS are staffed with some of the finest doctors drawn from various medical fields. A panel of consultants from amongst the most renowned experts in various specialties are also a part of the Hospitals.



Medical & Surgical
Gastroenterology



Cardiology



General Medicine



Paediatric Orthopaedics



Orthopedics &
Joint Replacement Surgery



Gynaecology



Paediatrics &
Paediatric Surgery



General Medicine



Urology & Nephrology



Neurology & Neuro Surgery



Oncology



Psychiatry



Dermatology



Pulmonology



General Surgery



Bariatric Surgery



Endocrinology



Radiology



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Department of Surgical Gastroenterology

ANU HOSPITALS offer comprehensive gastroenterology care and non-invasive diagnostic services for our patients. This includes consultation with one of our gastroenterologist as well as an ongoing evaluation, diagnoses and treats conditions and diseases of the digestive tract, the liver and the pancreas. We believe that prevention of any disease offers the best outcome, and we offer services designed to promote primary prevention of gastroenterology problems. The thorough evaluation starting physical examination to determine if further testing (lab work or other diagnostic testing) is an indication to reduce the odds of events or disease in the future



Dr. G. RAMESH DNB, MRCS(UK)
FELLOW IN LAP COLORECTAL SURGERY (S.KOREA),
ADVANCED LAPAROSCOPIC & BARIATRIC SURGEON,
CHAIRMAN OF SRI ANU HOSPITALS PVT LTD., VIJAYAWADA,
CHIEF SURGICAL GASTROENTEROLOGIST IN ANU HOSPITALS,
VISITING CONSULTANT IN PRIME HOSPITALS, HYDERABAD.

Surgeries offered

- | Major abdominal trauma
- | Hollow viscus perforation, peritonitis
- | Postop complications, faecal fistula
- | Small bowel & large bowel obstruction.
- | GI bleed.

Minimally invasive emergency surgery

- Laparoscopic closure of bowel perforation
- Laparoscopic surgeries for intestinal obstruction
- Endoscopic management for upper and lower GI bleed



Dr. TVS Ram Prasad MS, PDCC
SURGICAL GASTROENTEROLOGIST



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BARIATRIC SURGERY

Personalized Weight Loss Program

Dr.G.Ramesh DNB, MRCS(UK)

Surgical gastroenterologist and Bariatric surgeon. He is postgraduated from st. Marthas hospital, Bangalore. He is a member of royal college of surgeons, UK. Has vast 17yrs experience in advanced laparoscopic surgery. He obtained fellowship in laparoscopic colorectal surgery from kyungpook university of South Korea. He was trained in bariatric surgery at Michigan university hospital, USA. Undergone Metabolic surgery training program at universal hospitals, Turkey. He has wide experience in Bariatric and metabolic surgery.



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Who is eligible for weight loss surgery

- Body Mass Index of 35-40 with two comorbidities such as hypertension, Type 2 diabetes, sleep apnea, obesity-related cardiomyopathy, infertility, GERD, and arthritis of weight bearing joints or a BMI of 40 (about 100 lbs overweight) without comorbidities.
- Attempted medically managed weight loss programs without success.
- A nonsmoker or willing to stop smoking.
- Willing to make lifestyle changes necessary for maintaining weight loss.
- Willing to participate in the lifelong bariatric program including follow-up appointments and monthly support groups.

How to get started:

Attend a FREE INFORMATIONAL SEMINAR to learn about all aspects of bariatric surgery. You will have the opportunity to meet the surgeon and members of the bariatric team. 0866: 2438881, 2438889 or visit us on-line at anuobesolutions.com for a listing of seminars and to schedule one today!



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LAPAROSCOPIC SLEEVE GASTRECTOMY

Laparoscopic Sleeve Gastrectomy is a restrictive procedure, which involves removal of 60-75% of the stomach, leaving a narrow gastric tube or sleeve. No intestines are removed or bypassed. This procedure will result in approximately a 50% loss of excess body weight in the first 6-12 months.

Advantages:

- Food restriction
- No intestinal bypass
- No post-op adjustments
- 60% of excess body weight loss
- Resolution of some comorbidities

Risks:

- Gastric leakage
- Nonreversible
- Ulcers
- Nausea and vomiting



ADJUSTABLE GASTRIC BAND

Adjustable Gastric Band is a strictly restrictive weight loss surgery that does not involve rerouting or bypassing of the intestine. It works simply by decreasing the size of the stomach by placing a silicone band around the top part of the stomach, allowing you to feel full quicker and stay full longer. Weight loss is much slower with this procedure but you can expect to lose about 50-70% of your excess body weight in about three years. The band is intended to remain in place at all times, but can be removed in cases of emergency.

Advantages:

- Restricts food intake
- Reversible
- Less invasive
- Resolution of some comorbidities

Risks:

- Gastric perforation
- Port malfunction
- Nausea and vomiting
- Band migration/slippage



ROUX-EN-Y

Roux-EN-Y is a laparoscopic surgical procedure that combines restrictive and malabsorptive components. It decreases the size of the stomach to about one-ounce capacity and bypasses part of the small intestine to decrease absorption. This is the most commonly performed weight loss surgery and you can expect to lose about 80% of your excess body weight within 12 months.

Advantages:

- Restricts food intake
- Weight loss is rapid
- Average loss of excess weight is 60%-70%
- Resolution of some comorbidities
- No adjustments post-operatively

Risks:

- Vitamin and mineral deficiencies
- Dumping syndrome
- Ulcers
- Gastric leakage
- Bowel obstruction





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Department of **NEUROSCIENCES**

Areas of Treatment

- BRAIN TUMORS
- HEAD INJURIES
- SPINE SURGERIES
- STROKES & ICH
- ANEURYSM CLIPPING
- CERVICAL DISC REPLACEMENT
- ENDOSCOPIC VENTRICULOSTOMY



Dr. V. Bala Balajiv

M.S., M.CH. NEUROSURGERY (SVIMS), FICV (JAPAN)
CONSULTANT NEURO SURGEON

Facilities

- ♦ 24X7 EMERGENCY
- ♦ Neuro & TRAUMA CARE
- ♦ PHARMACY
- ♦ RADIOLOGY
- ♦ LAB
- ♦ 25 BED ICU
- ♦ 4 LAMINAR AIRFLOW OT'S
- ♦ DIAGNOSTIC SUPPORT
- ♦ FULLY EQUIPPED AMBULANCE



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Department of **CARDIOLOGY**

ADULT CARDIAC CONDITIONS

- Arrhythmias (Abnormal or irregular heart rhythms)
- Valve dysfunctions
- Aorta Diseases
- Adult Congenital Heart Diseases
- Coronary Artery Disease (CAD)
- Carotid Artery Disease/ Stroke



Dr. Kavya Pingali

MD., DM

CONSULTANT CARDIOLOGIST



Dr. Vinay Kumar

MBBS, DC, CEDET| KIMS – KERALA

CONSULTANT CARDIOLOGIST

At the department of cardiology, we offer comprehensive cardiac care and non-invasive diagnostic cardio vascular services for our patients. This includes consultation with one of our cardiologists as well as an on-going evaluation and management of cardio vascular problems. We believe that prevention of heart disease offers the best outcome, and we offer services designed to promote primary prevention of cardiovascular disease. The thorough evaluation starting physical examination to determine if further testing (lab work or other diagnostic testing) is an indication to reduce the odds of cardiac events or disease in the future. Any type of heart disease - Coronary artery disease, congestive heart failure, heart attack – though shares similar warning signs but they require different treatments. Hence it is important to see your doctor so that you can receive a correct diagnosis and prompt treatment



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Department of **PAEDIATRIC SURGERY**



ANU Hospitals offer comprehensive child care and non-invasive diagnostic pediatric services to our patients. The Hospital provides complete, compassionate, state-of-the-art healthcare services for children from birth to sixteen years of age (and older in some cases) who have special health care needs that are different from adults.



Dr. K.V.Ravi Kumar MS, MCH
PAEDIATRIC AND NEONATAL SURGEON
& PAEDIATRIC UROLOGIST

The Paediatrics services include consultation with one of our pediatricians as well as an ongoing evaluation and management of child health problems.

PAEDIATRIC SURGERY DIVISION

- ♦ General Paediatric Surgery
- ♦ Neonatal Surgery
- ♦ Paediatric Urology
- ♦ Paediatric GI Surgery
- ♦ Paediatric Surgical Oncology
- ♦ Paediatric Neuro Surgery
- ♦ Paediatric Thoracic Surgery
- ♦ MINIMALLY INVASIVE SURGERY



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Department of **UROLOGY**

ANU Hospitals offer comprehensive urological care and non-invasive diagnostic services for our patients. This includes consultation with one of our urologists as well as an ongoing evaluation and management of urological problems. We believe that prevention of any disease and disorders of the urinary tract in men, women and children. The thorough evaluation starting physical examination to determine if further testing (lab work or other diagnostic testing) is an indication to reduce the odds of any events or disease in the future.



M. Sateesh Reddy MS, MCH
CONSULTANT UROLOGIST & ANDROLOGIST

Urology Prodecures

- ♦ Antegrade pyelogram
- ♦ Circumcision
- ♦ Computed Tomography (CT or CAT) Scan of the Kidney
- ♦ Cryotherapy for Prostate Cancer
- ♦ Cystography
- ♦ Cystometry
- ♦ Cystoscopy for Women
- ♦ Intravenous Pyelogram
- ♦ Kidney Biopsy
- ♦ Kidney Scan
- ♦ Kidney Transplant
- ♦ Kidney Ultrasound
- ♦ Kidney, Ureter, and Bladder X-ray
- ♦ Lithotripsy
- ♦ Prostate Biopsy
- ♦ Prostate/Rectal Ultrasound
- ♦ Radical Prostatectomy
- ♦ Renal Angiogram
- ♦ Renal Venogram
- ♦ Retrograde Cystography
- ♦ Retrograde Pyelogram
- ♦ Robotic Prostatectomy
- ♦ Transurethral Resection of the Prostate (TURP)
- ♦ Urine Flow Test
- ♦ Varicocele Embolization
- ♦ Vasectomy



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Department of **NEPHROLOGY**



Dr. Sashidhar MD, DM
CONSULTANT NEPHROLOGIST

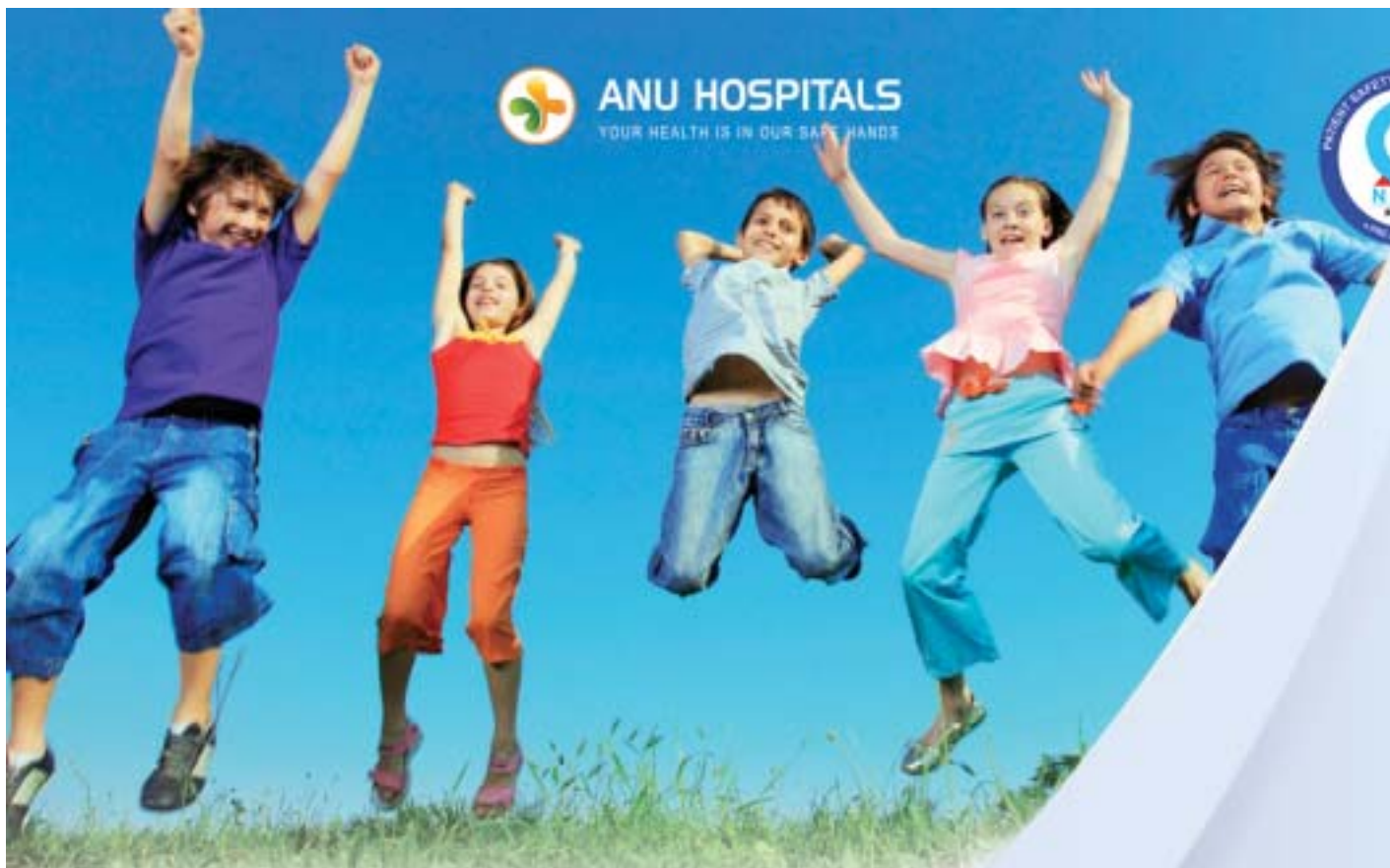
Nephrology Treatments & Procedures

- Vascular Access
- Renal Biopsy
- Peritoneal Dialysis
- Haemodialysis
- Kidney Dialysis
- Kidney Transplantation



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Department of **PEDIATRIC ORTHOPAEDIC & TRAUMA**



Dr. K.Durga Nagaraju

DNB (ORTHO) MRCS(UK), M.CH. (ORTHO)
FELLOWSHIP IN PEDIATRIC ORTHOPAEDICS (USA)
PEDIATRIC ORTHOPAEDIC & TRAUMA SURGEON

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The PaediatricsOrtho services include consultation with one of our pediatricians as well as an ongoing evaluation and management of child health problems.

- ♦ Botox Injections and Surgeries (SEMLS) for Cerebral Palsy
- ♦ Multidisciplinary Approach in the management of Paediatrics Neuro Muscular Disorders
- ♦ Deformity Correction for Children & Adults
- ♦ Limb Lengthening Procedures
- ♦ Minimal Invasive Procedures for Trauma & Deformity Correction



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Department of **JOINT REPLACEMENT & TRAUMA**



Dr.M.Vinod Kumar

M.S. (GEN SURG), M.S.(ORTHO) M.CH.(ORTHO)
CONSULTANT ORTHO,SPINE &
JOINT REPLACEMENT SURGEON

ANU Hospitals offer comprehensive orthopedics care and non-invasive diagnostic services for our patients. This includes consultation with one of our orthopedician as well as an ongoing evaluation and management of bones/ spine/ musculature / knee / joint problems. We believe that prevention of any disease offers the best outcome and we at ANU Hospitals provide the consultation with the orthopediation & State-of-the-art diagnostic services, X-rays, BMD (Bone Mineral Density) test, Physiotherapy for the preventive care

Facilities Available

- Total Knee Replacement
- Trauma
- Total Hip Replacement
- Spine Surgeries



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Department of **PULMONOLOGY**



Dr. T. Jayaprakash

DNB, DTCD, FCCP (USA)

CONSULTANT PULMONOLOGIST

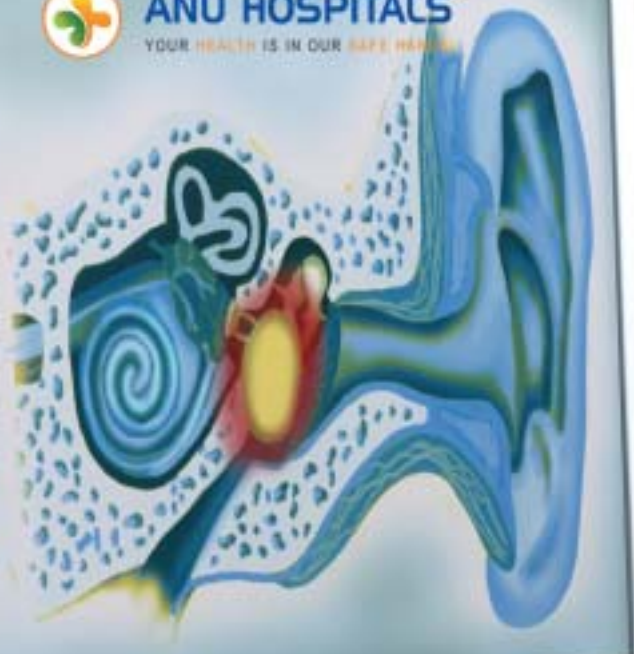
Pulmonology Treatments & Procedures

- Positron Emission Tomography (PET Scan)
- Pulmonary A Bronchoscopy
- Chest Fluoroscopy
- Chest Ultrasound
- Chest X-Ray
- Computed Tomography (CT or CAT) Scan of the Chest
- Lobectomy
- Lung Biopsy
- Lung Scan
- Lung Transplant
- Mediastinoscopy
- Pulse Oximetry
- Peak Flow Measurement
- Pleural Biopsy angiogram
- Pulmonary Function Tests
- Sinus X-ray
- Sleep Study
- Thoracentesis



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Department of ENT



Dr. A. Sivaram MS, ENT
CONSULTANT ENT, HEAD
& NECK SURGEON

ENT Treatments & Procedures

- Sinusitis
- Nose infections and injuries
- Ear infections
- Various sleep disorders, including sleep apnea
- Vertigo
- Head and neck pain
- Speech and swallowing disorders
- Tonsillitis Specific Procedures
- Sinus surgery
- Snoring/sleep disorder surgery
- Corrective breathing surgery
- Tonsil removal



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Department of **DIABETOLOGY & DIABETIC EMERGENCIES**



G. Sridevi MBBS, D. DIAB,
DIPLOMA IN CLINICAL COSMETOLOGY
DIABETOLOGIST & COSMETOLOGIST



Dr. Kiran Kumar
MBBS, CP DIAB (AUSTRALIA)
DIABETOLOGIST

Diabetic Ketoacidosis

- Diabetic Ketoacidosis
- Hyperglycemia
- Hypoglycemia
- Diabetic coma
- Cellulitis
- Gangrene foot
- Diabetic Foot



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Dr. P. Seetharama Rao

MD (GEN), IDCCM
GENERAL PHYSICIAN

Department of **GENERAL MEDICINE**

The department of general medicine provides treatment for the following:

- ♦ All types of fevers
- ♦ Infections affecting different organs in the body
- ♦ All metabolic diseases and endocrine diseases such as diabetes, thyroid, cholesterol, obesity.
- ♦ Blood pressure
- ♦ Tummy aches, infections like vomiting, diarrhea and jaundice
- ♦ Infectious diseases
- ♦ Disease of the joints and limbs, backache
- ♦ Problems like headache, muscular weakness, epilepsy
- ♦ Snakebites and poison



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Department of **GYNECOLOGY**

ANU Hospitals offer comprehensive gynaecare and non-invasive diagnostic services for our patients. This includes consultation with one of our gynecologist as well as an ongoing evaluation and management of Gynaecology problems. We believe that prevention of gynaec disease offers the best outcome, and we offer services designed to promote primary prevention of gynecology problems. The thorough evaluation starting physical examination to determine if further testing (lab work or other diagnostic testing) is an indication to reduce the odds of events or disease in the future.



Dr. G.Hima Bindhu

MS (OBG), FMA5

LAPAROSCOPIC SURGEON

CONSULTANT GYNAECOLOGIST & OBSTETRICIAN



Dr.G.V.Sugandha

MBBS DGO

LAPAROSCOPIC SURGEON

CONSULTANT GYNAECOLOGIST & OBSTETRICIAN

Reproductive Health Care

Our professionals provide services covering health care, counseling and education to women from adolescence to menopause facing reproductive and related issues including:

- ♦ Infertility
- ♦ Infections
- ♦ Osteoporosis
- ♦ Adolescent issues
- ♦ Menopause care

Infertility & Gynecological Problems

Infertility - We have facility to provide state-of-the-art assisted reproductive treatment.

Gynecological Problems - Can be treated by our gynecologists. There are excellent laboratory and imaging facilities to help the diagnosis.



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Department of **PSYCHIATRY**



Dr. Ashok Babu Sarigala MBBS DPM

CONSULTANT PSYCHIATRIST,
DE- ADDICTION SPECIALIST
SLEEP SPECIALIST,
SEX COUNSELLOR,
STUDENT COUNSELLOR

- ♦ **GENERAL PSYCHIATRY** : (Schizophrenia, Depressive Disorders with suicidal ideas, Anxiety Disorders, Panic Disorders, Phobias, OCD)
- ♦ **NEURO PSYCHIATRY** : (Epilepsy with Behavioral Problems, Post Stroke Depression, Delirium)
- ♦ **ADDICTION PSYCHIATRY** : (Alcohol de-addiction, Smoking de-addiction, Gutka de-addiction)
- ♦ **CHILD PSYCHIATRY** : (ADHD, Autism Spectrum Disorders, Childhood anxiety disorders)
- ♦ **ADOLESCENT PSYCHIATRY** : (STRESS regarding academics -SPECIAL COUNSELLING for Students) (Conduct disorders, Aggression, Internet addiction)
- ♦ **GERIATRIC PSYCHIATRY** : (Dementia with Behavioral Problems, Oldage Depression & Anxiety)
- ♦ **PSYCHO SOMATIC MEDICINE**: (Somatization, Hypochondriasis, Conversion Reaction)
- ♦ **SLEEP MEDICINE** : (Insomnia, Hypersomnia & other Sleep related Disorders)
- ♦ **PSYCHO SEXUAL MEDICINE** : (Loss of libido, Erectile Dysfunctions, Premature ejaculation, Orgasmic disorders, Dyspareunia, Vaginismus, Paraphilias)



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Department of **CRITICAL CARE**



Dr. P. Visweswara Rao MBBS, DA

CONSULTANT ANAESTHETIST &
CRITICAL CARE SPECIALIST

Critical Care Team is well versed in all medical emergencies and they are experts in providing Critical Care Including advanced procedures like invasive, non invasive ventilation, invasive monitoring and CPR, acute Trauma care, Poisoning and all medical emergencies.

- ♦ BLS, ACLS
- ♦ Advanced Airway Management
- ♦ Tracheotomy
- ♦ Mechanical Ventilation
- ♦ Dialysis
- ♦ Central Venous Catheterization
- ♦ Invasive Monitoring
- ♦ Chest Drains
- ♦ Paracentesis
- ♦ USG Guided Aspirations
- ♦ Bronchoscopy



Dr. Sivaram MD, DA

CONSULTANT ANAESTHETIST &
CRITICAL CARE SPECIALIST



Department of **DERMATOLOGY & COSMETOLOGY**



Dr.S.Sowjanya MBBS, MD
DERMATOLOGIST

DERMATOLOGY Treatments & Procedures

- ♦ CoolSculpting.
- ♦ Eyelash Enhancements.
- ♦ Fillers & Injections (BOTOX®, Juvederm®, Radiesse®)
- ♦ Laser Hair Removal.
- ♦ Laser Treatments.
- ♦ Microdermabrasion & Chemical Peels.
- ♦ Photodynamic Therapy.
- ♦ Skin Cancer Treatment – including Mohs' Micrographic Surgery



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Department of **DIAGNOSTICS**



Dr. V. Sravanthi

MBBS, DMRD

CONSULTANT RADIOLOGIST

State-of-the-Art Lab, Diagnostic & Imaging Services

ANU Hospitals offer comprehensive care and non-invasive diagnostic services for our patients. This includes consultation with one of our general physician as well as an ongoing evaluation and management of any specialized problem. Doctors rely on the accuracy of tests and other investigations to make their diagnosis. At Anu Hospitals we use state-of-the-art equipment, follow a set of stringent procedures and have the most qualified doctors and technical staff to ensure that every test result and investigation is accurate. Diagnostic facilities that can be availed at the clinic are:

State-of-the-Art Laboratory

A large number of laboratory tests are widely available to help doctors confirm their clinical findings and reach a diagnosis. Many tests are specialized for a particular group of diseases and a deviation from normal indicate that the organ is diseased. ANU Hospitals, State-of-the-Art

Laboratory equipped to handle investigations in the areas of Biochemistry:

It is the study of the chemical constituents of the human body in health and disease. Most tests are carried out on blood or urine but other body fluids, cells and tissues may also be analyzed. The Clinical Chemistry Laboratory performs a wide range of tests in order to determine the diagnosis of various conditions. Some of the common tests in biochemistry are:

- ◆ Blood Sugar
- ◆ Liver Function Test
- ◆ Lipid Profile
- ◆ Kidney Function Tests

Hematology:

Hematology is the study of blood and blood forming tissues. The techniques of hematology are concerned with the cellular formed elements of blood, their number or concentration, the relative distribution of various types of cells and the structure or biochemical abnormalities that promote disease such as anemia, hematological malignancy and coagulation abnormalities. Various tests in Hematology are.

Complete Blood Count including TLC, DLC, etc. ESR

Microbiology:

Laboratories are primarily concerned with providing a service to clinicians to aid in the diagnosis and treatment of microbial diseases such as meningitis, respiratory tract and disease of digestive system and wound infections. Specimens commonly examined are blood, urine, faeces and sputum.

Radiology

It is the examination of any part of body for diagnostic purposes by means of x-rays, the record of the findings being impressed upon a photographic plate or film.

X – Rays:

X-rays are a form of radiation, like light or radio waves that can be focused into a beam, much like a flashlight beam. Unlike a beam of light, however, X –rays can pass through most objects, including the human body. When X-rays strike a piece of photographic film, they can produce a picture. Dense tissues in the body, such as bones, block (absorb) many of the X-rays and appear white on an X-ray picture. Less dense tissues, such as muscles and organs, block fewer of the X-rays (more of the X-rays pass through) and appear in shades of gray. X-rays that pass through air appear black.

X –Ray is one of the fastest and easiest ways for a physician to view the internal organs and structures of the body. X-Ray is an excellent tool for assessing skeletal trauma (eg. Broken bones), for diagnosing the gastrointestinal system (digestive tract) and for comprehensive imaging of the thoracic cavity including the lungs and heart.

Imaging

Imaging is the process of production of images of organs or tissues using various procedures. We have state-of-the-art Imaging services available at ANU Hospitals which include:

Ultrasound with colour Doppler:

A Doppler ultrasound test uses reflected sound waves to evaluate blood as it flows through a blood vessel. It helps doctors evaluate blood flow through the major arteries and veins of the arms, legs, and neck. It can show blocked or reduced blood flow in the arteries of the neck that could cause a stroke. It can also reveal blood clots in leg veins that could break loose and block blood flow to the lungs (pulmonary embolism).

Colour Doppler can determine and display the direction and velocity of blood flow in the heart chambers and vessels. This equipment in ANU Hospitals is used for Doppler ultrasound, echocardiography as well as for abdominal ultrasonography.

This test is done by a doctor who specializes in performing and understanding imaging tests (radiologist/sinologist) or by an ultrasound technologist.

Specialized Diagnostics

It is believed at ANU Hospitals that the first step to cure is accurate diagnosis of the disorder. Investment in the latest medical and diagnostic equipment along with up gradation of skills of personnel is always ensured.

Electrocardiogram (ECG)

A natural electrical system causes the heart muscle to contract and pump blood through the heart to the lungs and the rest of the body. Electrocardiography (ECG) is a test that records the electrical activity of the heart.

The electrical activity of the heart can be detected through the skin by small metal discs called electrodes. During electrocardiography, the electrodes are attached to the skin on the chest, arms, and legs. The electrodes are also connected to a machine that translates the electrical activity into line tracings on paper. These tracings are often analyzed by the machine and then carefully reviewed by a doctor for abnormalities.

An electrocardiogram may show: Evidence of heart enlargement.

Signs of insufficient blood flow to the heart.

Signs of a new or previous injury to the heart (heart attack). Heart rhythm problems (arrhythmias)

Changes in the electrical activity of the heart caused by a chemical (electrolyte) imbalance in the body.

Electrocardiography (ECG) is usually done by a technician, and the resulting ECG is interpreted by a doctor who specializes in heart problems (Cardiologist) or a general physician.

Stress Echocardiography

Stress Echocardiography or Tread Mill Test helps to evaluate how the heart responds to the demands of physical activity and can detect some early changes, which may not be seen in the resting ECG.

Stress Echocardiography /TMT is done:

To evaluate unexplained but stable chest pain and determine its cause when Coronary Artery diseases is suspected.

To determine the severity of heart disease and the ability of the heart to tolerate exercise in people with known heart disease or those who have had a heart attack or heart surgery. On the basis of this information, a cardiac rehabilitation

program, including appropriate exercise as well as a plan for low-risk daily physical activities, can be developed.

To identify abnormal heart rhythms when symptoms such as dizziness, fainting, or palpitations occur during exercise or activity.

To screen for CAD (Coronary Artery Disease) in a person without symptoms, especially if the person has risk factors for CAD.

After angioplasty, to see if arteries have renarrowed, especially if chest pain or other symptoms have returned. To evaluate the effectiveness of certain medications or other therapy for irregular heartbeats or chest pain.

Chest X-ray

The chest X-ray is the most common type of X-ray test. Routinely taken from the back to the front, it can reveal certain abnormalities, which cannot be detected during physical examination. It provides a picture of organs and structures within the chest, including the heart and lungs, the blood vessels associated with them, and the thin sheet of muscle just below the lungs.

A chest X-ray can help detect problems with these structures and with the bones inside the chest, such as the ribs, clavicle (collarbone) and upper part of the spine. A Chest X-ray is taken by a radiology technologist (radiographer). The X-ray pictures are usually interpreted by a doctor who specializes in evaluating X-ray (radiologist)

ANU Health Check Up Packages

The Principle aim of a Health check-up is to detect and pre-empt the onset of a disease, at an early stage or ideally prevent illness occurring in the first place. This is especially so in individuals who are predisposed to certain diseases, high stress lifestyle, extended working hours and irregular food habits. Good health screening has become vital to our success today.

Health check assesses the current state of a person's health, increases awareness about diseases and provides reassurance.

Pulmonary Function Test (PFT) / Lung Function Tests

Lung function tests evaluate how much air the lungs can hold, how quickly can a person move air in and out of the lungs, and how well lungs add oxygen to the blood and remove carbon dioxide from the blood.

Pharmacy Services

9 good reasons why you need not buy medicines from anywhere else.

We are committed to sell only genuine medicines.

It is managed by a team of trained and well-qualified pharmacists.

Medicines are stored in controlled environment-air conditioned or refrigerated at right temperatures.

Nothing is sold without a computer-generated cash memo.

It offers free home delivery.

Surgical

Personal care products

Equipment like thermometer, blood pressure instrument, etc.

Department of Physiotherapy

Physiotherapy includes examination, treatment, advice and instructions to any person preparatory to or for the purpose of or in connection with movement dysfunction, bodily malfunction, physical disorder, disability, healing and pain from trauma and disease, physical and mental conditions using physical agents including exercise, mobilization, manipulation, mechanical and electrotherapy, activity and devices or diagnosis, treatment and prevention. However, various other health professionals e.g., Chiropractic, Osteopathy - use some physical therapeutic methods. Physiotherapy utilizes an individual's history and physical examination in diagnosis and treatment, and if necessary, will incorporate the results of laboratory and imaging studies.

Anu Hospitals Family Physician

There was a time when 'doctor' meant more than a professional with a good mind, skilled hands and success stories. Meet ANU Family Physician to bring the family doctor back in to the family.

Comprehensive care for all age groups

Diagnosis, treatment of full range of problems

Trained in all areas of medicine

Family health historian

To make your consultation with the Anu Hospitals Family Physician that much easier, we bring you the convenience of: **Personal Health Record (PHR)**: You can now access your diagnostic investigation records from anywhere.

Anu Express Connect: You will be referred to expert doctors from Anu Hospitals if found necessary.



ANU HOSPITALS
YOUR HEALTH IS IN OUR SAFE HANDS

Health Check ups



GASTRO Check-up

2,500/-

- CDF
- USG Abd
- CGD
- LFT
- HBS Ag
- HCV
- Tcdit
- Cyt
- Stool < > Unit
- Stool Occult blood
- Gastroenterologist Consultation

ORTHO Check-up

1,000/-

- CDF
- Serum Uric Acid
- Serum Creatinine
- Serum Calcium
- RBS
- RA Factor
- HBS Ag
- HCV
- HIV 1 & 2
- X-ray any one joint (Two views)
- Orthopedic Surgeon Consultation

Master Health Check-up

2,299/-

- Hb
- TC
- DC
- ESR
- RBC
- PCV
- HCH
- Fasting plasma glucose
- 2nd hour post prandial plasma glucose
- Triglycerides
- Cholesterol
- HDL, LDL
- VLDL
- Blood Urea
- Serum Creatinine
- Serum Bilirubin
- Blood Group
- SGOT, SGPT
- Uric Acid
- Complete Urine Examination
- ECG
- Chest X-Ray
- US Abdomen
- Gynecology Consultation
- General Physician Consultation

Executive Health Check-up

2,599/-

- Master Health Checkup PLUS
- 2D ECHO
- RFT
- TSH
- Cardiology Consultation
- Pulmonology Consultation

Happy couple Check-up (Wife & Husband)

6299/-

- Master Health Checkup PLUS
- T3
- T4
- TSH
- 2D ECHO
- PAP SMEAR (FOR FEMALES)
- PSA (FOR MALES)

Whole Body Health Check-up

5999/-

HAEMOGRAM

- Hb%
- RBC COUNT
- RBC/MC/MCV
- ESR
- Peripheral smear
- Platelet Count Total WBC
- Differential Count

BIOCHEMICAL PARAMETERS

- Fasting Sugar
- Post Prandial Blood Sugar
- HbA1c
- Urea/Creatinine
- Uric Acid
- TSH
- HBS Ag
- Serum Electrolytes

LIPID PROFILE

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides
- Total Cholesterol/HDL Ratio

LIVER FUNCTION TESTS

- Total Protein
- Albumin
- Globulin
- SGPT

- SGOT
- Alkaline Phosphatase
- GGTP
- Serum Bilirubin

GENERAL TESTS

- Complete Urine Examination (CUE)
- Stool Test (Optional)
- Pap Smear (For Women)

PROCEDURES

- X-ray Chest
- PFT
- ECG (resting)
- Echo Cardiogram
- Ultrasonogram of the Abdomen
- TMF
- Mammogram for Women Above 40 years or Ultrasonogram of the Breast
- Diet Counseling
- Clinical Examination, medical Summary and Advice By Physician
- General Physician Consultation (For Women)
- Cardiology Consultation
- Pulmonology Consultation
- Orthopedic Consultation

Well Woman Check-Up

1599/-

- Hb%
- TC
- DC
- ESR
- RBS
- TSH
- Blood Group and Rh type
- Serum Creatinine
- Complete Urine Examination
- Ultra Sound Abdomen & Pelvis
- Pap Smear
- Gynecology Consultation

Well Baby Check-up

699/-

- Hb%
- TC
- PCV
- MCH
- HCV
- RBS
- SGPT
- Alkaline Phosphatase
- Serum Creatinine
- Complete Urine Examination
- Paediatrician Consultation

DIABETIC Check up-I

399/-

- Hb%
- Fasting plasma glucose
- 2nd hour Post Prandial plasma glucose
- Serum Creatinine
- Total Cholesterol
- Complete Urine Examination
- Diabetology Consultation

DIABETIC Check-up-II

1199/-

- Hb%
- Fasting plasma glucose
- 2nd hour Post Prandial plasma glucose
- Serum Creatinine
- SGOT
- SGPT
- Triglycerides
- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- HbA1c
- TSH
- Complete Urine Examination
- Spot urines (for more abnormal)
- Albumin
- Diabetology Consultation

Pollution/Lung/Asthma Check-Up

1599/-

- Hb%
- TC
- DC
- ESR
- AEC
- ALR/PPH
- Chest X-Ray
- ECG
- Pulmonary Function Test (PFT)
- Pulmonology Consultation

Complete Heart Check -Up

999/-

- Hb%
- Fasting plasma glucose
- 2nd hour Post Prandial plasma glucose
- Plasma Glucose
- Total Cholesterol
- HDL
- LDL
- VLDL
- Triglycerides
- Serum Creatinine
- ECG
- 2D Echo
- Cardiology Consultation

Complete Ear, Nose, Throat Check-up

2,999/-

- Hb%
- TC
- DC
- ESR
- AEC
- ENT Endoscopy
- 8 AM-PM/PM/TOE/NECK
- ENT Consultation

Prenatal Check-up (Male)

2499/-

- Hb%
- TC
- DC
- ESR
- RBC
- PCV
- MCH
- Blood Group & Rh Type
- RBS
- Anti HCV
- VDRL
- HIV
- HBS Ag
- Complete Urine Examination
- Semen Analysis
- Physician Consultation

Prenatal Check-up (Female)

2499/-

- Hb%
- TC
- DC
- ESR
- RBC
- PCV
- MCH
- Blood Group and Rh typing
- RBS
- Anti HCV
- TSH
- VDRL
- HIV
- HBS Ag
- Complete Urine Examination
- HbA1c Ultra sound Screening
- Gynecology Consultation

Renal Check-up

1299/-

- Blood Urea
- Serum Creatinine
- Serum Sodium
- Serum Potassium
- Serum Chloride
- RBS
- Cholesterol
- Complete Urine Examination
- Nephrology Consultation
- Urology Consultation

Renal Check-up-II

1699/-

- Hb%
- TC
- DC
- ESR
- Triglycerides
- Cholesterol
- HDL
- LDL
- VLDL
- Serum Calcium
- Uric Acid
- Blood Urea
- Serum Creatinine
- Serum Sodium
- Serum Potassium
- Serum chloride
- RBS
- Complete Urine Examination
- US Abdomen
- PSA +
- Nephrology Consultation
- Urology Consultation

Senior Citizen Health Check-up

1199/-

- Hb%
- TC
- DC
- ESR
- Fasting plasma glucose
- 2nd hour post prandial plasma glucose
- Serum Creatinine
- SGOT
- SGPT
- Blood Group
- Triglycerides
- Cholesterol
- HDL
- LDL
- VLDL
- Complete urine examination
- Bilirubin
- Blood Urea
- ECG
- Chest X-Ray
- 2D ECHO
- Physician Consultation
- Cardiology Consultation
- Pulmonology Consultation
- Orthopedic Consultation

INSTRUCTIONS

- Please come on an empty stomach (No Tea/Coffee in the Morning before the test) for fasting samples.
- For Ultra Sound Scanning Drink plenty of water. Do not pass Urine.
- Men should shave their chest for Transcutaneous test.
- Patient care executive at front office will guide you.
- The whole procedure will take 2 to 3 hours including consultation, kindly co-operate.
- Any Inquiries kindly contact us.

FOR WOMEN

- Pregnant women should not get it done.
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CASHLESS FACILITY AVAILABLE

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- Employees Health Scheme(EHS)
- All Major Third Party Assurance (TPA) Services



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- General Physician Consultation

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- LDL Cholesterol
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2499/-

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- DC
- ESR
- RBC
- PCV
- MCH
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- RBS
- Anti HCV
- TSH
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- HBS Ag
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- Cholesterol
- HDL
- LDL
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anuhospitals.com